## Should one view an Eclipse - A Vedic perspective

Solar and lunar eclipses are significant events at a spiritual level. There is an increase in Raja-Tama energies which has negative effects on humanity. Ghosts (demons, devils, negative energies etc.) take advantage of the heightened Raja-Tama energies to create a variety of issues that have global negative repercussions. Regular spiritual practice ensures that we are insulated from its subtle (intangible) harmful effects.

Please note: To understand this article you need to be familiar with the terms Sattva Guna - (purity and knowledge, subtle basic energies of the Universe) Raja Guna - (action and passion, subtle basic energies of the Universe) Tama Guna - (ignorance and inertia, subtle basic energies of the Universe)

So "Raja-Tama Gunas" means the combination of "action and passion" with "ignorance and inertia" qualities and energies.

Spiritual research has shown that in the case of all eclipses there is a rise in the Raja-Tama energies and a reduction in the Sattva energies. This rise in Raja-Tama energies has many detrimental side-effects at a subtle (intangible) level which may not be noticeable in the physical plane initially. However these Raja-Tama energies laden conditions are made use of by ghosts or negative spirits to harm society.

Due to the Sun being obscured by a subtle barrier in front of the Sun during an eclipse, there are two significant spiritual impacts:

1) The environment becomes conducive for negative energies to amass black energy. Black energy is a type of spiritual energy that is the primary weapon of attack of ghosts.

2) The environment is most conducive for negative energies to utilise their black energy to harm humankind during the period of the eclipse as well as to sow the seeds of destruction of humankind.

In the case of visible eclipses, the reason for increased Raja-Tama energies is due to the fact that during an eclipse the light from the Sun or the Moon is obstructed even before it reaches the Earth. This darkness is an anomaly in the general cycle of day and night wherein a period that should have been in light is now in darkness. The negative energies' ability to use the darkness and its resulting increase in Raja-Tama to harm society.

Why do solar eclipses cause more Raja-Tama energies? The Sun is far more important to life on Earth than the Moon. By obstructing it at a subtle or physical level, the environment on Earth becomes far more vulnerable at a subtle intangible level and thereby more conducive for ghosts (demons, devils, negative energies, etc.)

Where is the subtle impact of the eclipse maximum? The maximum subtle impact of an eclipse on humans depends on where it is most visible. The more visible it is, the greater the subtle impact on people in that region. Thus if an eclipse were to be most visible in the middle of the Pacific Ocean, it would have least subtle impact as it is a minimally populated area.

Raja-Tama energies increase assists activities of ghosts (demons, devils, negative energies etc.) During an eclipse period, the power of distressing energies increases by 1000 times as compared to other times. This is because ghosts harness the excess Raja-Tama energies generated by the eclipse to amass black energy either by utilising the conditions to do more spiritual practice to gain negative spiritual black energy or by stealing the spiritual energy of seekers of God. Black energy is spiritual energy which is used to harm society.

It is for this reason people may experience lethargy, tiredness, sickness etc. at a physical level. At the psychological level, there are excess emotional and negative thoughts, especially about spiritual practice. The moon is known to affect the mind. During a full

moon, the effect is even more pronounced. This is further accentuated when there is a lunar eclipse. Thus the combination of the full moon and lunar eclipse is severe. However it happens at a subtle intangible level, i.e. people suffer distress by negative energies. There is a general decline in decision-making capacity and people are more likely to make incorrect decisions as the intellect is also affected.

As mentioned earlier, ghosts use the excess Raja-Tama energies generated from an eclipse to collect black energy. They use this black energy to harm humankind in various ways. They do this by sowing seeds of destruction and harm at a subtle intangible level that only manifest in the physical plane after a gestation period. This gestation period can be anywhere from a few days to several years. Examples of this would be sowing seeds of pandemics of contagious diseases like Bird Flu and the Ebola Virus or sowing seeds of the third World War.

Eclipses contribute in a large way by providing circumstances conducive to amassing the black energy that ghosts have.

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