Ekadashi dates in 2025 (Durban, Gauteng, and Cape Town)



DO NOTE: All times indicated below, associated with the start or end of a particular Ekadashi day are in 24-hour format.

Many have requested Cape Town Ekadashi dates for 2025 so this is provided below. Do note that Cape Town dates dues to its locality is quite different from Durban and Jhb.

All Ekadashi's dates below are Vaishnava dates unless otherwise stated. Also from this year we shall be providing the SMARTHA EKADASHI DATES. Smarta tradition is a movement in Hinduism that developed during its classical period around the beginning of the Common Era. The Smarta tradition rejects theistic sectarianism, and it is notable for the domestic worship of five shrines with five deities, all treated as equal - Lord Shiva, Lord Vishnu, Lord Surya, Lord Ganesha, and Shakti.

At times Ekadashi fasting is suggested on two consecutive days. It is advised that Smartha with family should observe fasting on first day only. The alternate Ekadashi fasting, which is the second one, is suggested for Vaishnavas, sanyasis, widows and for those who want Moksha.

Dipika advocates following the Vaishnava dates provided below.

When alternate Ekadashi fasting is suggested for Smartha it coincides with Vaishnava Ekadashi fasting day.

Ekadashi fasting on both days is suggested for staunch devotees who seek for love and affection of Lord Vishnu.



The 2025 Ekadashi dates provided below has been approved by:

Andhra Maha Sabha of South Africa Gurumar Sangam of South Africa

Muruga Bhakthi Foundation of South Africa Shree Sanathan Dharma Sabha of South Africa

South African Hindu Maha Sabha World Hindu Pundith Organisation

www.dipika.org.za

January 9, 2025, Thursday Fasting for Pausha Putrada Ekadashi

Smartha Pausha Putrada Ekadashi

On 10th January, Parana (Break fast)
Durban 01:27 PM to 04:14 PM
Gauteng 01:37 PM to 04:21 PM
Cape Town 02:19 PM to 05:10 PM

January 10, 2025, Friday Fasting for Gauna Pausha Putrada Ekadashi

Fasting for Vijaya Ekadashi

Fasting for Papmochani Ekadashi

Vaishnava Pausha Putrada Ekadashi

On 11th January, Parana (Break fast)
Durban 05:06 AM to 07:53 AM
Gauteng 05:26 AM to 08:10 AM
Cape Town 05:47 AM to 08:38 AM

January 25, 2025, Saturday Fasting for Shat-Tila Ekadashi

On 26th January, Parana Time (Break fast)
Durban 05:20 AM to 08:03 AM
Gauteng 05:38 AM to 08:19 AM
Cape Town 06:02 AM to 08:49 AM

February 8, 2025, Saturday Fasting for Jaya Ekadashi

On 9th February, Parana Time (Break fast)
Durban 05:32 AM to 08:11 AM
Gauteng 05:49 AM to 08:26 AM
Cape Town 06:16 AM to 08:58 AM

February 24, 2025, Monday

On 25th February, Parana Time (Break fast)
Durban 05:44 AM to 08:18 AM
Gauteng 05:59 AM to 08:32 AM
Cape Town 06:31 AM to 09:06 AM

March 9, 2025, Sunday Fasting for Amalaki Ekadashi

On 10th March

Parana Time (Break fast)

Durban

O1:20 PM to 03:50 PM

Gauteng

O1:32 PM to 04:01 PM

Cape Town

O2:11 PM to 04:41 PM

March 25, 2025, Tuesday

On 26th March Parana Time (Break fast)
Durban 06:03 AM to 08:26 AM
Gauteng 06:14 AM to 08:38 AM
Cape Town 06:54 AM to 09:17 AM

April 8, 2025, Tuesday

On 9th April Durban Gauteng Cape Town

April 24, 2025, Thursday

On 25th April Durban Gauteng

Cape Town

May 8, 2025, Thursday

On 9th May Durban Gauteng Cape Town

May 23, 2025, Friday

On 24th May Durban Gauteng Cape Town

June 6, 2025, Friday

On 7th June Durban Gauteng Cape Town

June 21, 2025, Saturday

On 22nd June

Durban Gauteng Cape Town

July 6, 2025, Sunday

On 7th July Durban Gauteng Cape Town

July 20, 2025, Sunday

On 21st July Durban Gauteng Cape Town

July 21, 2025, Monday

On 22nd July Durban Gauteng Cape Town Fasting for Kamada Ekadashi Parana Time (Break fast) 06:11 AM to 08:30 AM

06:21 AM to 08:40 AM 07:05 AM to 09:22 AM

Fasting for Varuthini Ekadashi

Parana Time (Break fast) 06:21 AM to 08:14 AM 06:29 AM to 08:14 AM 07:17 AM to 08:14 AM

Fasting for Mohini Ekadashi

Parana Time (Break fast) 06:30 AM to 08:39 AM 06:36 AM to 08:47 AM 07:27 AM to 09:33 AM

Fasting for Apara Ekadashi

Parana Time (Break fast) 06:39 AM to 08:44 AM 06:44 AM to 08:52 AM 07:38 AM to 09:40 AM

Fasting for Nirjala Ekadashi

Parana Time (Break fast) 07:55 AM to 08:50 AM 07:55 AM to 08:57 AM 07:55 AM to 09:46 AM

Fasting for Yogini Ekadashi

Parana Time (Break fast) 06:51 AM to 08:54 AM 06:55 AM to 09:01 AM 07:52 AM to 09:50 AM

Fasting for Devshayani Ekadashi

Parana Time (Break fast) 06:52 AM to 08:55 AM 06:56 AM to 09:03 AM 07:52 AM to 09:52 AM

Fasting for Kamika Ekadashi

Parana Time (Break fast)

01:05 PM to 03:11 PM 01:19 PM to 03:28 PM 01:54 PM to 03:57 PM

Fasting for Vaishnava Kamika Ekadashi

Parana Time (Break fast) 06:47 AM to 08:53 AM 06:52 AM to 09:01 AM 07:46 AM to 09:49 AM August 5, 2025, Tuesday

On 6th August

Durban Gauteng Cape Town

August 19, 2025, Tuesday

On 20th August

Durban Gauteng Cape Town

September 3, 2025, Wed

On 4th September

Durban Gauteng Cape Town

September 17, 2025, Wed

On 18th September

Durban Gauteng Cape Town

October 3, 2025, Friday

On 4th October

Durban Gauteng Cape Town

October 17, 2025, Friday

On 18th October

Durban Gauteng Cape Town

November 1, 2025, Saturday

On 2nd November

Durban Gauteng Cape Town

November 2, 2025, Sunday

On 3rd November

Durban Gauteng Cape Town Fasting for Shravana Putrada Ekadashi

Parana Time (Break fast) 06:37 AM to 08:47 AM 06:44 AM to 08:56 AM 07:34 AM to 09:42 AM

Fasting for Aja Ekadashi Parana Time (Break fast)

06:24 AM to 08:38 AM 06:32 AM to 08:48 AM 07:19 AM to 09:32 AM

Fasting for Parsva Ekadashi

Parana Time (Break fast) 06:48 AM to 08:26 AM 06:48 AM to 08:37 AM 07:00 AM to 09:18 AM

Fasting for Indira Ekadashi

Parana Time (Break fast) 05:50 AM to 08:14 AM 06:02 AM to 08:26 AM 06:41 AM to 09:05 AM

Fasting for Papankusha Ekadashi

Parana Time (Break fast) 05:31 AM to 08:00 AM 05:44 AM to 08:13 AM 06:19 AM to 08:50 AM

Fasting for Rama Ekadashi

Parana Time (Break fast) 05:15 AM to 07:49 AM 05:30 AM to 08:03 AM 06:01 AM to 08:37 AM

Fasting for Devutthana Ekadashi

Parana Time (Break fast) 12:59 PM to 03:39 PM 01:10 PM to 03:48 PM 01:51 PM to 04:33 PM

Fasting for Vaishnava Devutthana Ekadashi

Parana Time (Break fast) 05:00 AM to 07:40 AM 05:17 AM to 07:55 AM 05:44 AM to 08:26 AM November 15, 2025, Saturday

On 16th November

Durban Gauteng Cape Town Fasting for Utpanna Ekadashi

Parana Time (Break fast) 05:39 AM to 07:35 AM 05:39 AM to 07:51 AM 05:39 AM to 08:21 AM

December 1, 2025, Monday

On 2nd December

Durban Gauteng Cape Town Fasting for Mokshada Ekadashi

Parana Time (Break fast) 04:47 AM to 07:35 AM 05:07 AM to 07:51 AM 05:28 AM to 08:19 AM

December 15, 2025, Monday

On 16th December Durban

Gauteng Cape Town Fasting for Saphala Ekadashi

Parana Time (Break fast) 04:50 AM to 07:39 AM 05:10 AM to 07:56 AM 05:30 AM to 08:23 AM

December 30, 2025, Tuesday

On 31st December

Durban Gauteng Cape Town Fasting for Pausha Putrada Ekadashi

Parana Time (Break fast) 06:42 AM to 07:46 AM 06:42 AM to 08:03 AM 06:42 AM to 08:31 AM

December 31, 2025, Wed

On 1st January 2026 Durban

Durban Gauteng Cape Town Fasting for Vaishnava Pausha Putrada Ekadashi

Parana Time (Break fast) 04:59 AM to 07:47 AM 05:19 AM to 08:04 AM 05:39 AM to 08:31 AM

*** Shuddha means pure and Ashuddha means impure. One should not observe a fast on an Ekadashi that's not pure (Ashuddha) as quoted from the sastric verses below. Therefore at times one has to fast on Dvadashi (the next day - the 12th day) if that Ekadashi is not pure. How does an Ekadashi become impure? This happens when the 10 th and 11 th Vedic days overlaps. Then this Ekadashi is regarded as impure and thus should not be observed.

Quotes from scriptures

Ekadashi (the 11 day) and Dvadashi (the 12 th day) are both qualified for fasting. Furthermore, one should fast when Ekadashi is combined with Dvadashi, but one should never fast when Ekadashi is combined with Dashami (the 10 th day) (HARI BHAKTI VILASA 12/202 from SAURA DHARMOTTARA).

Any devotee of the Lord who knowingly or unknowingly observes Ekadashi overlapped with Dashami should certainly understand that Lord Shree Vishnu would not be happy with him. (HARI BHAKTI VILASA 12/246 from SKANDA PURANA)

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