

Ekadashi dates in 2024 (Durban, Jhb, and Cape Town)



DO NOTE: All times indicated below, associated with the start or end of a particular Ekadashi day are in 24-hour format.

Many have requested Cape Town Ekadashi dates for 2024 so this is provided below.

Do note that Cape Town dates due to its locality is quite different from Durban and Jhb.

All Ekadashi's dates below are Vaishnava dates unless otherwise stated. Also from this year we shall be providing the SMARTHA EKADASHI DATES. Smartha tradition is a movement in Hinduism that developed during its classical period around the beginning of the Common Era. The Smartha tradition rejects theistic sectarianism, and it is notable for the domestic worship of five shrines with five deities, all treated as equal - Lord Shiva, Lord Vishnu, Lord Surya, Lord Ganesha, and Shakti.

At times Ekadashi fasting is suggested on two consecutive days. It is advised that Smartha with family should observe fasting on first day only. The alternate Ekadashi fasting, which is the second one, is suggested for Vaishnavas, sanyasis, widows and for those who want Moksha.

Dipika advocates following the Vaishnava dates provided below.

When alternate Ekadashi fasting is suggested for Smartha it coincides with Vaishnava Ekadashi fasting day.

Ekadashi fasting on both days is suggested for staunch devotees who seek for love and affection of Lord Vishnu.



The 2024 Ekadashi dates provided below has been approved by:

Andhra Maha Sabha of South Africa
Gurumar Sangam of South Africa
Muruga Bhakthi Foundation of South Africa
Shree Sanathan Dharma Sabha of South Africa
South African Hindu Maha Sabha
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January 7, Sunday On 8th January, Durban Gauteng Cape Town	Fasting for Saphala Ekadashi Parana Time (Break fast) 05:03 AM to 07:51 AM 05:23 AM to 08:08 AM 05:44 AM to 08:35 AM
January 21, Sunday On 22 nd January, Durban Gauteng Cape Town	Fasting for Pausha Putrada Ekadashi Parana Time (Break fast) 05:15 AM to 08:00 AM 05:34 AM to 08:16 AM 05:57 AM to 08:45 AM
February 6, Tuesday On 7 th February, Durban Gauteng Cape Town	Fasting for Shat-tila Ekadashi Parana Time (Break fast) 05:29 AM to 08:09 AM 05:47 AM to 08:25 AM 06:13 AM to 08:56 AM
February 20, Tuesday On 21 st February, Durban Gauteng Cape Town	Fasting for Jaya Ekadashi Parana Time (Break fast) 05:41 AM to 07:57 AM 05:56 AM to 07:57 AM 06:27 AM to 07:57 AM
March 6, Wednesday On 7 th March, Durban Gauteng Cape Town	Fasting for Vijaya Ekadashi Parana Time (Break fast) 06:00 AM to 08:21 AM 06:05 AM to 08:34 AM 06:39 AM to 09:10 AM
March 20, Wednesday On 21 st March, Durban Gauteng Cape Town	Fasting for Amalaki Ekadashi Parana Time (Break fast) 06:00 AM to 08:25 AM 06:12 AM to 08:37 AM 06:50 AM to 09:16 AM
April 5, Friday On 6 th April, Durban Gauteng Cape Town	Fasting for Papmochani Ekadashi Parana Time (Break fast) 06:10 AM to 06:49 AM 06:20 AM to 06:49 AM 07:03 AM to 09:21 AM

April 19, Friday On 20 th April, Durban Gauteng Cape Town	Fasting for Kamada Ekadashi Parana Time (Break fast) 06:18 AM to 08:33 AM 06:26 AM to 08:42 AM 07:13 AM to 09:26 AM
May 4, Saturday On 5 th May, Durban Gauteng Cape Town	Fasting for Varuthini Ekadashi Parana Time (Break fast) 06:27 AM to 08:37 AM 06:34 AM to 08:46 AM 07:24 AM to 09:32 AM
May 19, Sunday On 20 th May, Durban Gauteng Cape Town	Fasting for Mohini Ekadashi Parana Time (Break fast) 06:37 AM to 08:43 AM 06:42 AM to 08:51 AM 07:35 AM to 09:38 AM
June 2, Sunday On 3 rd June, Durban Gauteng Cape Town	Fasting for Aparā Ekadashi Parana Time (Break fast) 06:45 AM to 08:48 AM 06:49 AM to 08:56 AM 07:44 AM to 09:44 AM
June 17, Monday On 18 th June, Durban Gauteng Cape Town	Fasting for Nirjala Ekadashi Parana Time (Break fast) 12:59 PM to 03:01 PM 01:12 PM to 03:18 PM 09:10 AM to 09:49 AM
July 1, Monday On 2 nd July, Durban Gauteng Cape Town	Fasting for Smarta Yogini Ekadashi Parana Time (Break fast) 01:02 PM to 03:05 PM 01:15 PM to 03:22 PM 01:50 PM to 03:50 PM
July 2, Tuesday On 3 rd July, Durban Gauteng Cape Town	Fasting for Vaishnava Yogini Ekadashi Parana Time (Break fast) 06:52 AM to 08:55 AM 06:56 AM to 09:03 AM 07:52 AM to 09:52 AM
July 17, Wednesday On 18 th July, Durban Gauteng Cape Town	Fasting for Devshayani Ekadashi Parana Time (Break fast) 06:49 AM to 08:54 AM 06:53 AM to 09:02 AM 07:48 AM to 09:50 AM
July 31, Wednesday On 1 st August, Durban Gauteng Cape Town	Fasting for Kamika Ekadashi Parana Time (Break fast) 06:41 AM to 08:49 AM 06:47 AM to 08:58 AM 07:38 AM to 09:44 AM

August 15, Thursday On 16 th August, Durban Gauteng Cape Town	Fasting for Smarta Shravana Putrada Ekadashi Parana Time (Break fast) 01:07 PM to 03:20 PM 01:19 PM to 03:34 PM 01:56 PM to 04:07 PM
August 16, Friday On 17 th August, Durban Gauteng Cape Town	Fasting for Vaishanava Shravana Putrada Ekadashi Parana Time (Break fast) 06:27 AM to 08:40 AM 06:35 AM to 08:50 AM 07:23 AM to 09:34 AM
August 29, Thursday On 30 th August, Durban Gauteng Cape Town	Fasting for Aja Ekadashi Parana Time (Break fast) 06:13 AM to 08:30 AM 06:22 AM to 08:41 AM 07:07 AM to 09:23 AM
September 14, Saturday On 15 th September, Durban Gauteng Cape Town	Fasting for Parsva Ekadashi Parana Time (Break fast) 05:54 AM to 08:17 AM 06:05 AM to 08:28 AM 06:45 AM to 09:08 AM
September 28, Saturday On 29 th September, Durban Gauteng Cape Town	Fasting for Indira Ekadashi Parana Time (Break fast) 05:36 AM to 08:04 AM 05:49 AM to 08:17 AM 06:26 AM to 08:54 AM
October 13, Sunday On 14 th October, Durban Gauteng Cape Town	Fasting for Smarta Papankusha Ekadashi Parana Time (Break fast) 12:59 PM to 03:32 PM 01:10 PM to 03:42 PM 08:26 AM to 08:40 AM
October 14, Monday On 15 th October, Durban Gauteng Cape Town	Fasting for Vaishnava Papankusha Ekadashi Parana Time (Break fast) 05:18 AM to 07:51 AM 05:33 AM to 08:05 AM 06:04 AM to 08:40 AM
October 27, Sunday On 28 th October, Durban Gauteng Cape Town	Fasting for Smarta Rama Ekadashi Parana Time (Break fast) 12:59 PM to 03:37 PM 01:10 PM to 03:46 PM 01:50 PM to 04:31 PM
October 28, Monday On 29 th October, Durban Gauteng Cape Town	Fasting for Vaishnava Rama Ekadashi Parana Time (Break fast) 05:04 AM to 07:01 AM 05:20 AM to 07:01 AM 05:48 AM to 07:01 AM

November 12, Tuesday Fasting for Devutthana Ekadashi
On 13th November, Parana Time (Break fast)
Durban 04:53 AM to 07:36 AM
Gauteng 05:11 AM to 07:52 AM
Cape Town 05:36 AM to 08:22 AM

November 26, Tuesday Fasting for Utpanna Ekadashi
On 27th November, Parana Time (Break fast)
Durban 06:56 AM to 07:34 AM
Gauteng 06:56 AM to 07:51 AM
Cape Town 06:56 AM to 08:19 AM

December 11, Wednesday Fasting for Mokshada Ekadashi
On 12th December, Parana Time (Break fast)
Durban 04:49 AM to 07:37 AM
Gauteng 05:09 AM to 07:54 AM
Cape Town 05:29 AM to 08:21 AM

December 26, Thursday Fasting for Saphala Ekadashi
On 27th December, Parana Time (Break fast)
Durban 04:55 AM to 07:44 AM
Gauteng 05:16 AM to 08:01 AM
Cape Town 05:35 AM to 08:28 AM

*** Shuddha means pure and Ashuddha means impure. One should not observe a fast on an Ekadashi that's not pure (Ashuddha) as quoted from the sastric verses below. Therefore at times one has to fast on Dvadashi (the next day - the 12th day) if that Ekadashi is not pure. How does an Ekadashi become impure? This happens when the 10th and 11th Vedic days overlaps. Then this Ekadashi is regarded as impure and thus should not be observed.

Quotes from scriptures

Ekadashi (the 11 day) and Dvadashi (the 12th day) are both qualified for fasting. Furthermore, one should fast when Ekadashi is combined with Dvadashi, but one should never fast when Ekadashi is combined with Dashami (the 10th day) (HARI BHAKTI VILASA 12/202 from SAURA DHARMOTTARA).

Any devotee of the Lord who knowingly or unknowingly observes Ekadashi overlapped with Dashami should certainly understand that Lord Shree Vishnu would not be happy with him. (HARI BHAKTI VILASA 12/246 from SKANDA PURANA)

For Ekadashi dates in your area please follow this link...

<http://www.vaisnavacalendar.info/calendar-file-downloads/text-file-calendars>

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Jai Shree Ekadashi devi.



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