

Ekadashi dates in 2023 (Durban, Jhb, and Cape Town)



DO NOTE: All times indicated below, associated with the start or end of a particular Ekadashi day are in 24-hour format.

Many have requested Cape Town Ekadashi dates for 2023 so this is provided below. Do note that Cape Town dates due to its locality is quite different from Durban and Jhb.

All Ekadashi's dates below are Vaishnava dates unless otherwise stated. Also from this year we shall be providing the SMARTHA EKADASHI DATES. Smartha tradition is a movement in Hinduism that developed during its classical period around the beginning of the Common Era. The Smartha tradition rejects theistic sectarianism, and it is notable for the domestic worship of five shrines with five deities, all treated as equal - Lord Shiva, Lord Vishnu, Lord Surya, Lord Ganesha, and Shakti.

At times Ekadashi fasting is suggested on two consecutive days. It is advised that Smartha with family should observe fasting on first day only. The alternate Ekadashi fasting, which is the second one, is suggested for Vaishnavas, sanyasis, widows and for those who want Moksha.

Dipika advocates following the Vaishnava dates provided below.

When alternate Ekadashi fasting is suggested for Smartha it coincides with Vaishnava Ekadashi fasting day.

Ekadashi fasting on both days is suggested for staunch devotees who seek for love and affection of Lord Vishnu.



The 2023 Ekadashi dates provided below has been approved by:

Andhra Maha Sabha of South Africa
Gurumar Sangam of South Africa
Muruga Bhakthi Foundation of South Africa
Shree Sanathan Dharma Sabha of South Africa
South African Hindu Maha Sabha
World Hindu Pundith Organisation
www.dipika.org.za

January 2, Monday On 3rd January, Durban Gauteng Cape Town	Fasting for Putrada Ekadashi Parana (Break fast) 05:00 AM to 07:48 AM 05:20 AM to 08:05 AM 05:40 AM to 08:32 AM
January 18, Wednesday On 19th January, Durban Gauteng Cape Town	Fasting for Shat-tila Ekadashi Parana (Break fast) 05:13 AM to 07:58 AM 05:32 AM to 08:15 AM 05:54 AM to 08:43 AM
February 1, Wednesday On 2nd February, Durban Gauteng Cape Town	Fasting for Jaya Ekadashi Parana (Break fast) 05:25 AM to 08:07 AM 05:43 AM to 08:22 AM 06:08 AM to 08:53 AM
February 16, Thursday On 17th February, Durban Gauteng Cape Town	Fasting for Vijaya Ekadashi Parana (Break fast) 05:38 AM to 08:14 AM 05:54 AM to 08:29 AM 06:23 AM to 09:02 AM
March 2, Thursday On 3rd March, Durban Gauteng Cape Town	Fasting for (Smartha) Amalaki Ekadashi Parana (Break fast) 01:24 PM to 03:55 PM 01:35 PM to 04:06 PM 02:14 PM to 04:47 PM
March 3, Friday On 4th March, Durban Gauteng Cape Town	Fasting for (Vaishnava) Amalaki Ekadashi Parana (Break fast) 05:49 AM to 08:13 AM 06:03 AM to 08:13 AM 06:36 AM to 08:13 AM
March 17, Friday On 18th March, Durban Gauteng Cape Town	Fasting for (Smartha) Papmochani Ekadashi Parana (Break fast) 01:17 PM to 03:43 PM 01:29 PM to 03:55 PM 02:07 PM to 04:34 PM

March 18, Saturday On 19th March, Durban Gauteng Cape Town	Fasting for (Vaishnava) Papmochani Ekadashi Parana (Break fast) 05:58 AM to 08:24 AM 06:11 AM to 08:37 AM 06:48 AM to 09:15 AM
April 1, Saturday On 2nd April, Durban Gauteng Cape Town	Fasting for Kamada Ekadashi Parana (Break fast) 07:20 AM to 08:28 AM 07:20 AM to 08:39 AM 07:20 AM to 09:19 AM
April 16, Sunday On 17th April, Durban Gauteng Cape Town	Fasting for Varuthini Ekadashi Parana (Break fast) 06:16 AM to 08:32 AM 06:24 AM to 08:42 AM 07:10 AM to 09:24 AM
May 1, Monday On 2nd May, Durban Gauteng Cape Town	Fasting for Mohini Ekadashi Parana (Break fast) 06:25 AM to 08:36 AM 06:32 AM to 08:45 AM 07:22 AM to 09:30 AM
May 15, Monday On 16th May, Durban Gauteng Cape Town	Fasting for Aparajita Ekadashi Parana (Break fast) 06:34 AM to 08:41 AM 06:39 AM to 08:49 AM 07:32 AM to 09:36 AM
May 31, Wednesday On 1st June, Durban Gauteng Cape Town	Fasting for Nirjala Ekadashi Parana (Break fast) 06:43 AM to 08:47 AM 06:47 AM to 08:55 AM 07:43 AM to 09:43 AM
June 13, Tuesday On 14th June, Durban Gauteng Cape Town	Fasting for (Smartha) Yogini Ekadashi Parana (Break fast) 12:58 PM to 03:00 PM 01:11 PM to 03:17 PM 01:46 PM to 03:45 PM
June 14, Wednesday On 15th June, Durban Gauteng Cape Town	Fasting for (Vaishnava) Yogini Ekadashi Parana (Break fast) 06:49 AM to 08:52 AM 06:53 AM to 08:59 AM 07:50 AM to 09:48 AM
June 29, Thursday On 30th June, Durban Gauteng Cape Town	Fasting for Devshayani Ekadashi Parana (Break fast) 06:52 AM to 08:55 AM 06:56 AM to 09:02 AM 07:52 AM to 09:51 AM

July 13, Thursday On 14 th July, Durban Gauteng Cape Town	Fasting for Kamika Ekadashi Parana (Break fast) 06:50 AM to 08:55 AM 06:55 AM to 09:02 AM 07:50 AM to 09:51 AM
July 29, Saturday On 30 th July, Durban Gauteng Cape Town	Fasting for Padmini Ekadashi Parana (Break fast) 06:43 AM to 07:04 AM 06:48 AM to 07:04 AM 07:41 AM to 09:46 AM
August 11, Friday On 12 th Aug, Durban Gauteng Cape Town	Fasting for Parama Ekadashi Parana (Break fast) 01:07 PM to 03:18 PM 01:20 PM to 03:33 PM 09:28 AM to 09:38 AM
August 27, Sunday On 28 th August, Durban Gauteng Cape Town	Fasting for Shravana Putrada Ekadashi Parana (Break fast) 06:16 AM to 08:33 AM 06:25 AM to 08:43 AM 07:10 AM to 09:25 AM
September 10, Sunday On 11 th September, Durban Gauteng Cape Town	Fasting for Aja Ekadashi Parana (Break fast) 06:00 AM to 08:21 AM 06:10 AM to 08:32 AM 06:52 AM to 09:12 AM
September 25, Monday On 26 th September, Durban Gauteng	Fasting for (Smartha) Parsva Ekadashi Parana (Break fast) 06:41 AM to 08:08 AM 06:41 AM to 08:20 AM
September 25, Monday (Cape Town only) On 26 th September, Cape Town	Fasting for Parsva Ekadashi Parana (Break fast) 06:41 AM to 08:58 AM
September 26, Tuesday On 27 th September, Durban Gauteng	Fasting for (Vaishnava) Parsva Ekadashi Parana (Break fast) 05:40 AM to 08:07 AM 05:52 AM to 08:19 AM
October 10, Tuesday On 11 th October, Durban Gauteng Cape Town	Fasting for Indira Ekadashi Parana (Break fast) 05:23 AM to 07:55 AM 05:37 AM to 08:08 AM 06:10 AM to 08:44 AM

October 25, Wednesday Fasting for Papankusha Ekadashi
On 26th October, Parana (Break fast)
Durban 05:07 AM to 06:14 AM
Gauteng 05:23 AM to 06:14 AM
Cape Town 05:52 AM to 06:14 AM

November 9, Thursday Fasting for Rama Ekadashi
On 10th November, Parana (Break fast)
Durban 04:55 AM to 07:37 AM
Gauteng 05:13 AM to 07:53 AM
Cape Town 05:38 AM to 08:23 AM

November 23, Thursday Fasting for Devutthana Ekadashi
On 24th November, Parana (Break fast)
Durban 04:49 AM to 07:34 AM
Gauteng 05:08 AM to 07:51 AM
Cape Town 05:30 AM to 08:19 AM

December 8, Friday Fasting for Utpanna Ekadashi
On 9th December, Parana (Break fast)
Durban 01:12 PM to 04:00 PM
Gauteng 01:23 PM to 04:07 PM
Cape Town 02:05 PM to 04:57 PM

December 22, Friday Fasting for (Smartha) Mokshada Ekadashi
On 23rd December, Parana (Break fast)
Durban 01:19 PM to 04:08 PM
Gauteng 01:29 PM to 04:15 PM
Cape Town 02:12 PM to 05:05 PM

December 23, Saturday Fasting for (Vaishnava) Mokshada Ekadashi
On 24th December, Parana (Break fast)
Durban 04:53 AM to 07:42 AM
Gauteng 05:14 AM to 07:59 AM
Cape Town 05:33 AM to 08:26 AM

*** Shuddha means pure and Ashuddha means impure. One should not observe a fast on an Ekadashi that's not pure (Ashuddha) as quoted from the sastric verses below. Therefore at times one has to fast on Dvadashi (the next day - the 12th day) if that Ekadashi is not pure. How does an Ekadashi become impure? This happens when the 10th and 11th Vedic days overlaps. Then this Ekadashi is regarded as impure and thus should not be observed.

Quotes from scriptures

Ekadashi (the 11 day) and Dvadashi (the 12th day) are both qualified for fasting. Furthermore, one should fast when Ekadashi is combined with Dvadashi, but one should never fast when Ekadashi is combined with Dashami (the 10th day) (HARI BHAKTI VILASA 12/202 from SAURA DHARMOTTARA).

Any devotee of the Lord who knowingly or unknowingly observes Ekadashi overlapped with Dashami should certainly understand that Lord Shree Vishnu would not be happy with him. (HARI BHAKTI VILASA 12/246 from SKANDA PURANA)

For Ekadashi dates in your area please follow this link...

<http://www.vaisnavacalendar.info/calendar-file-downloads/text-file-calendars>

DISCLAIMER: Do note that Dipika is not affiliated to any Hindu group or organization. We at Dipika choose to remain an independent repository of spiritual advice. We appreciate that there are variances between organisations and humbly request that if our views differ from yours that you respect our decision not to conform to the prescripts of your particular organisation. We remain committed to spiritual advice which is based on scripture.

Thank you so much for taking the time to read this article. We pray that this article will assist you in some way and we also pray that it helps you to appreciate the beauty and remarkable foresight of our ancient Hindu culture. We wish to educate all readers and demystify the path of Hinduism (Sanatan Dharma). Please feel free to share these articles with friends and family who do not have direct access to our website or articles. If you use the articles in any form including blogs and/or as part of other articles kindly credit our website as a source. We hope that the articles serve as a reference to you and your family when you need clarification of certain topics. Jai Shree Ekadashi devi.



Please do visit our Website to receive more
free information about our beautiful culture
www.dipika.org.za

Compiled for the upliftment of Sanatan Dharma
Narottam Das & Arjun Nandlal
T.N.
E-mail info@dipika.org.za

#Team-Dipika