

Purnima Monday - 20th September 2021



On 20th September 2021 is Purnima (Full Moon) Monday.

Lord Krsna said to Shree Arjuna in the Bhavishya Uttara Purana: “One who performs charity on a Monday when the moon is full, one obtains a hundred thousand times the results of ordinary charity.”

(What the above means is that if you donate one loaf of bread you will receive the benefit of donating 100,000 loaves of bread. Amazing isn't it), So what to do? Well on this day it is recommended by Lord Krsna to Shree Arjuna: - “O son of Kunti, all the ancestors and devas in heaven become very satisfied when one donates food grains in charity.”

So you can donate for example Rice or any grains to your local temple, your family guru, priest or to a poor person. This may not be very kosher with many but I would highly recommend this little concoction of Dipika's. Purchase 1 loaf of bread, one can baked beans; one tomato and one onion. Place in a bag like a hamper and donate to a poor person. This is a ready-made meal where the person can cut up the tomato and onion and mix with the baked beans and this can feed 4 or more people in a family. It's a ready-made 2020 version of charity is meant to make it easy for a poor person because remember that many don't have a stove to cook the rice, so we got to make it easy for them. BUT ultimately you must decide what to donate according to your means. I have only suggested the above. Please refrain from donating any meat items.

***** The humbly suggested times to donate these items on the 20th September is between 08:49 AM to 10:19 AM, 01:20 PM to 02:50 PM, 04:21 PM to 07:21 PM**

Of course you can donate the food items at any time on the 20th but the provided times above yields the highest benefits accrued for the charity on this day according to the Vedic Panchang (Almanac).

A Question was asked recently why should we perform all these acts of charity:

Answer: In the Garuda Purana Lord Vishnu states to Shree Garuda-ji. Garuda Purana Preta Khanda 13.19

“Whatever gifts are made by one during one’s life time, becomes beneficial later”

Garuda Purana Preta Khanda chapter 14

4-5 “Anything given to a deserving person flourishes day by day. A gift wipes off the sin of the giver and the acceptance of the same by a person of good wisdom does not affect him.”

8 “I affirm that just as seeds and other valuable things invested or sown in the ground offer fruitful results so also things by one’s own hands yield fruitful results.”

12 “Therefore, life being unsteady it is incumbent on everyone to do every thing beforehand. With the food for the journey in the form of gifts offered to the deserving, one is able to travel with comfort in the Great Highway in the journey after death. Otherwise, the wretch undergoes great hardships without food to subsist on, on the way.”

Garuda Purana Preta Khanda chapter 20

8 “Those who have offered gifts in their lifetime should not entertain any fear from Dharmaraja”

10 “Virtue can easily be procured by offering gifts. The path to Yama’s region can easily be traversed by acts of charity. This highway cannot be easily covered otherwise.”

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Compiled for the upliftment of Sanatan Dharma

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