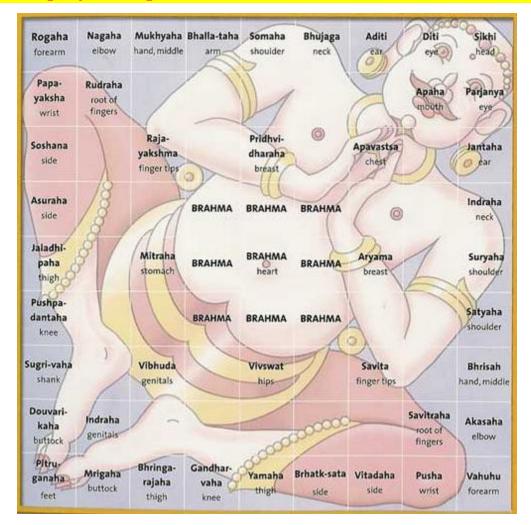
# (Griha Pravesha Puja)

What prayers to perform when one moves into a new house



Shree Vaastu Purusha Dev

What is a Griha Pravesha Samskara? Griha (house) Pravesha (entering) Samskara (purificatory rite) is a Puja that is performed before entering a new house. It's a ceremony to consecrate or bless your new house by inviting the Lord and His consort to bless your new place and keep it safe from any mishaps/unfortunate occurrences. Or as I like to say it's a gratitude prayer to the Lord for allowing you to own a new house. And when performing these prayers it's saying to the Lord You are the REAL proprietor of this house and I am using it in Your service.

Us amazing Hindus:) bless all items and implements that are used in daily life—homes, cars, home appliances, such as mixers, grinders, stoves, TVs, stereos, etc.

One must realize the everything belongs to the Supreme Lord and we show our gratitude to Him for giving/allowing us to have certain things. The question begs but is this Puja in our Scriptures. YES it is. The Griha Pravesha Samskara is described in

detail in the Sat Kriya Sara Dipika by Srila Gopala Bhatta Goswami Maharaja and the Shree Hari Bhakti Vilasa by Srila Sanatana Goswami Maharaja.

Before you move into your new house, make sure that the place is cleansed of all dirt etc. Then a day before moving into the house sprinkle hurdi water (a pinch of hurdi in a lota of water) and sprinkle it around the house and once that's done then smoke the place up with lobhan (with some hing in it) to cleanse the place of any unwanted negative/stagnant energy. Of course you can do this in the morning prior to moving in.

(Something to ponder over – if you moving into a house that was previously occupied please find out as much as you can about the previous owners etc because when a you live in a house you leave a lot of your vibrational energy and life prints in that house so if a couplehad issues you are most probably going to have the same problems as well. This is why its so important to cleanse the new place thoroughly).

The next step is now to bring in your Lakshmi Lamp into your new house. So if you are married you (the wife) need to light your lamp just outside the front door and then you enter the front door with your right foot first and then your husband follows with the right foot first as well. Once the Lakshmi Lamp is in the house find a suitable place facing the east direction and keep your lamp there (which should have been done prior to this).

So once you take in your Lakshmi Lamp then you have officially moved in then you can move all your other furniture etc thereafter.

The lamp or prayer place must in the eastern direction. When you face the Sun in the morning the lamp's back will be against the Sun and you will be facing the lamp. Do note the picture below to give you some indication of what I am talking about. We at <a href="https://www.dipika.org.za">www.dipika.org.za</a> released an article called "The Lakshmi Lamp - It's Significance..." - do read this article which gives an in-depth view of The Lakshmi Lamp in one's home. Please note next to your Lakshmi Lamp you need to acquire a small Vishnu or Narayan murti like below and keep next to your Lakshmi Lamp. This is of utmost important.



From left to right:- The bell, Flowers, Water in a lota, Murti of Lord Vishnu/Narayana, Lakshmi Lamp, a small bowl of white rice.

### Perform your own Simple House entering Havan

The couple/family should proceed to the puja place. Have all the requirements for the Puja and the havan arranged on a tray beforehand.

# Puja Proper:- The couple/family should sit facing East or North.

From the lota of water take a teaspoon of water in your palm of your right hand and sip water from the palm of the right hand, chanting Om keshavaya namah, wash your hands andthen put a teaspoon of water in your palm of your right hand and sip water from the palm of the right hand, chanting Om narayanaya namah wash your hands and then put a teaspoon of water in your palm of your right hand and sip water from the palm of the right hand, chanting Om madhavaya namah wash and then wipe your hands.

Take a little rice and flower petals in your right hand and say in English "O Lord Krsna on this day (which ever day you are performing the puja), month (which ever month you

are performing the puja), your name, I am performing my Griha Pravesha Samskara Puja.

Take a betel leaf, betel nut, rice and flowers and pray to Shree Ganeshji "Om ganapataye aavaahayaamee sthapayamee" and keep on the bedi/tray. Offer Lord Ganesha incense, lamp, flower petals and some sweet rice and then betel nut + leaf and then finally lamp.

Take another betel leaf, betel nut, rice and flowers and pray to the 9 planets. Leave on the bedi/tray. Take a little rice and every time you say namah offer on the betel leaf.

Om sooryaaya namah

Om som somaaya namah

Om ang angaarkaaya namah

Om bum budhaaya namah

Om brim brihaspataye namah

Om shum shukraaya namah

Om sham shanaish-charaaya namah

Om ram raahave namah

Om kem ketave namah

Take another betel leaf, betel nut, rice and flowers and pray to Vaastu Purusha (the picture of this Deity is given in the beginning of this article – print and laminate this picture) "Om Vaastu Purusha bhagavan aavaahayaamee sthapayamee" and keep on the bedi/tray. Then offer the Lord 4 drops of water, chandan dot, sprinkle rice and then flower petals, Tulsi leaf, incense, lamp and some sweet rice and then betel nut+leaf and then finally lamp.

Havan Proper:- At every swaahaa offer samaghree or ghee.

Om ganapataye swaahaa x 3

Om sooryaaya swaahaa x 3

Om som somaaya swaahaa x 3

Om ang angaarkaaya swaahaa x 3

Om bum budhaaya swaahaa x 3

Om brim brihaspatave swaahaa x 3

Om shum shukraaya swaahaa x 3

Om sham shanaish-charaaya swaahaa x 3

Om ram raahave swaahaa x 3

Om kem ketave swaahaa x 3

Om aim hreem kleem chaamun daayai vich chai swaahaa x 9

"Om trayam bakkam yajaa-mahe sugan-dhim pushti-vardhanam urvaa-rooka-miva bandha-naam mrityor mooksheeya maamritaat Om swaahaa" x 11

Om Hanumate = swaahaa x 1

Om Anjani-soonah = swaahaa x 1

Om Vaayuputra = swaahaa x 1

Om shree maha lakshmee-yai swaahaa X 9

Om Vaastu Purusha devtaye swaahaa x 9 Om namo bhagavate vaasudevaya swaahaa x 3

Sprinkle water around the havan kund three times.

Offer samaghree 21 times with the Maha Mantra "Hare Krishna Hare Krishna Krishna Krishna Hare Hare Rama Hare Rama Rama Hare Hare" to allay for any mistakes committed during the havan.

Finally Purna-Ahuti. Place two purees on top of each other, place the balance of the samaghree on top of these, on top of this place a betel leaf, a betel nut, some white rice, a few drops of ghee and place whole into the fire while chanting

Om Poornaa-darvi paraa-pata supoor-naa puna-raa-pata. Vasna neva vikree-naa-va-haa isha-moor-ja gvam shata-krato swaahaa. (offer into the fire).

Once this is complete ask Shree Vaastu Deva and all the Devi and devas for forgiveness for any mistakes that was committed during the havan and then request Shree Vaastu Deva and the Devi's and Deva's to kindly return to their abodes. And chant the maha mantra to end.

After the havan stand outside your front door and on a pumpkin or coconut you should have a piece of camphor on it. Light the piece of camphor and now turn the pumpkin or coconut three times clockwise and then three times up and down. Then discard the camphor and then bang the pumpkin/coconut on the ground breaking it into two.

Collect the remnants of the pumpkin/coconut, and dispose of in the river. Some people eat the pumpkin (which of course is cooked first), and the coconut is kept as prashadam (holy food offering given to God during pujas and eaten later).

Then tie the flower garland about an arms length on the front door. The puja is now completed.

Below are the Shukla Paksha (bright/waxing phase of the moon) suggestedly recommended dates to purchase your house, sign the papers and perform the house prayers for 2015. While many websites gives a few dates we should be practical in this day in age about when one can move into one's new home. As far as possible try not to move in when it's the Dark phase of the moon which are the dates not given below... But of course if this is not possible then scriptures state doing things according to deshaa-kaala-artha-tattva-jnah "according to time, place and circumstances" {Srimad Bhagavatam 10.11.22} and this is what I'm trying to relay in this article. For times for the days below you need to consult with your priest as three times are consulted for viz. The Rahu Kalam, Yama Gadam and Chowgadia times.

```
\begin{array}{lll} \mbox{January:-} & 1^{\rm st} - 5^{\rm th} \;, \, 21^{\rm st} - 31^{\rm st}. \\ \mbox{February:-} & 1^{\rm st} - 3^{\rm rd} \;, \, 19^{\rm th} - 28^{\rm th} \\ \mbox{March:-} & 1^{\rm st} - 5^{\rm th} \;, \, 21^{\rm st} - 31^{\rm st}. \\ \mbox{April:-} & 1^{\rm st} - 4^{\rm th} \;, \, 19^{\rm th} \;; \, 30^{\rm th}. \end{array}
```

May:-  $1^{st} - 3^{rd}$ ;  $18^{th} - 31^{st}$ .

June:-  $1^{\text{st}}$ -  $2^{\text{nd}}$ .

Adhika Maas is from (17<sup>th</sup> June to 15<sup>th</sup> July). One cannot move into a house in this period.

 $\begin{array}{ll} \hbox{July:-} & 16^{\rm th}-31^{\rm st}. \\ \hbox{August:-} & 15^{\rm th}-29^{\rm th}. \\ \hbox{September:-} & 14^{\rm th}-27^{\rm th} \end{array}$ 

Pitr Paksha is from (28th September – 12th October). One cannot move into a house in this

period.

 $\begin{array}{lll} \text{October:-} & 13^{\text{th}} - 27^{\text{th}}. \\ \text{November:-} & 12^{\text{th}} - 25^{\text{th}}. \\ \text{December:-} & 12^{\text{th}} - 25^{\text{th}}. \end{array}$ 

So the question will be asked that some of the above dates are in the middle of the month hence it will be difficult to move in the middle of the month, so what should be done. My advise is that one should use common sense, time, place and circumstance. If you can't move in these times then what can be done? This is just the suggested times. But you should note timing is extremely important in our Hindu culture.

#### The puja list:-

1 x rectangle tray to perform the puja on. And keep a banana leaf on top of the tray.

A small Ganesha Murti

Print and laminate the picture of Vaastu Purusha given in the beginning of this article.

1 x lota/chumbu/cup with water with a teaspoon.

Few flowers

3 incense sticks

1 x clay lamp (in it either have castor or Til oil and a wick)

1 x lamp for offering

1 x box matches

One packet havan wood

2 x blocks camphor

1 x whole pumpkin or coconut (depending on what you prefer)

1 x flower garland about an arms length for the front door.

1 x 100g of uncooked white rice.

100g ghee

Samaghree (consists of 100g Til, 100g Jaw, 100g white rice, 100g Navadhan {9 types of grains} and a few drops of ghee).

One small bowl of sweet rice or sweets (mitai)

5 strands of kush grass (four - for the sides of the havan kund and one for your kusha ring.

Havan kund {add some clean sand in the kund to avoid the ghee leaking out}...

10 x betel leaves

10 x round betel nuts

2 x purees or just use the betel leaves.

Few Tulsi leaves

## Vaastu and your home.

Vaastu Shastra is the "science of construction", "architecture" and is a traditional Hindu system of design based on directional alignments. It is primarily applied in Hindu architecture, especially for Hindu temples, although it covers other applications, including Houses, poetry, dance, sculpture, etc. Today Vaastu Shastra is making a come back because its offshoot "Feng Shui" is the hot topic everywhere. Vaastu shastra has been practised since time immemorial in India.



Shree Vaastu Yantra

You can purchase the above Yantra from the Internet but it can be expensive, so I would suggest for you to print the above yantra and then laminate it and then perform a very simple puja to install life into the Yantra.

How you do this? Place the laminated Yantra at your lamp place. Sprinkle a little water on the yantra and then dot the Yantra with chandan. Light an incense and turn the incense around the yantra 7 times. Keep the incense aside then lay a fresh flower on the yantra. Close your eyes and concentrate on Lord Vaastu Deva to bless you with wishes. Now with all sincerity, ask the Supreme Lord to grant you the desire of your life that you wanted to be fulfilled in your own language.

Now chant the Mantra of the above Yantra nine times.
"Vaastudev Namas-tatu Bhu-shan-yaa-nirat Prabho,
Mam Grahe Dhan Dhaan-yaadi Sam-raddh Kuru Sarvada"

After this you can place the yantra at your Puja Place.

The benefits of a Vaastu Yantra in your home:- It combats all the bad influences and illeffects of Vaastu faults existing in one's home. Mostly, there are certain inherent faults about direction, location, situation of a building, situation of rooms etc, which may not be easily curable or rectifiable. The Vaastu Yantra not only helps to cure all inherent Vaastu faults and remove their ill-effects, but also generates the positive & beneficial effects of Vaastu.

#### Quick Vaastu Tips for your home.

Of course the below is just a suggestion because most houses are designed totally incorrectly and that's why so many home owners' end up with so much problems.

\*\*\* Please purchase a good compass to work with the information below.

TVs and computers should ideally be placed in the Southeast corner of the living room or study room. They should not be placed in the Northeast corner or Southwest corner.

Telephones can be placed in the Southeast or North-west corner but not in the Southwestor Northeast.

An aquarium with 9 gold fish and one black fish, in the north east corner/portion of the house is very good.

If the north-east area is untidy or unshapely, the well being of male issues is found to be precarious.

One should sleep with his head pointing towards the South or East NEVER North.

Students should be facing east while studying, for Academic Excellence.

If the kitchen is off the proper place, some member or the other is always found to be suffering from severe digestive disorder.

Person should face the east while cooking.

The murti of Hanumanji should not be placed in South-East. It may create fire hazard.

All the doors should open inside so that the energy may remain inside.

The hinges of doors should be noiseless.

The doors should open towards right hand.

Bed should not be put under a beam.

There should not be five corners in the ceiling of a room.

A house should not have paintings, which depicts depressing scenes, i.e. like an old woman crying, scenes of war or poverty. It should have picture of say, a sunrise, an ocean, mountains, flowers or laughing children.

Tall trees are nowhere recommended close to the main building. For trees the south in itself is good and so is the west. No tree should be grown in the north and the east. The one at the north-east is the worst.

Small decorative plants and shrubs may be grown in the north and the east. The height should not exceed, say, half a meter at the north-east increasing gradually to not more than 1.5 meter as one moves from the north-east to the north-west or to the south-east end.

Except rose and a few medicinal ones, all thorny plants give rise to tensions in the environment.

Amongst the beneficial plants, the best is Tulsi. It is commendable to keep at least one Tulsi plant in the north-east area of the premises, but its height should not exceed 1.5 meter.

Cactus should not be planted or kept in the house.

If north of any house is blocked it blocks prosperity.

Water flowing/water fountain from north to east is very good.

The main door of the house should preferably be located in any of the exalted positions from the Northeast corner - either from North of Northeast or from East of Northeast.

Doors can also be in the South of Southeast or West of Northwest but in no case, should

the main entrance be from the centre of any direction. Also the main entrance or door should be avoided in all the following four directions, namely, North of Northwest, East of Southeast, South of Southwest and West of Southwest.

The kitchen should be ideally situated in the Southeast corner of the house and as an alternative in certain cases, may be in the Northwest corner, but in both cases, the cooking platform should be arranged to facilitate cooking while facing east only. The Kitchen should never be in the Northeast corner and it should also be avoided in the Southwest too, as both locations will create problems with respect to the health and finance of the inmates.

Rooms in the West and East can be used for dining. The appetite can be stimulated in the dining hall by having the walls painted in light pink or orange.

A rectangular dining table with rounded edges is the most preferred. In the dining room, while eating, one should sit facing East or West.

The prayer room should be planned in such a way that it is placed either in the Northeast corner or in the central portion (Brahmasthana) of the house. The pictures of Deities should touch the wall on the East side in the prayer room facing West; the house people should perform their prayers facing East for better concentration and devotion.

No garbage should be thrown or dumped in the Northeast corner of the building or plot and the Northeast should always be kept free and clean.

Heavy equipments such as the grinder, fridge, etc, should be placed towards the South and West walls in the kitchen.

The Northeast, North and East walls should be decorated with photo frames, mirrors, and paintings of Deities and with wallpaper with natural scenery; whereas the West, South and Southwest walls can be decorated with scenery in a dull or matte finish. The South wall can be used for hanging pictures of departed souls. Pictures of living beings may be hung on the Eastern wall.

The master bedroom should be in the Southwest corner, while other bed-rooms can be in the Central South and Central-West directions. A bedroom in the Northwest is also recommended but should be used as a guest room or only for daughters. Bedrooms should be avoided in the Southeast corner.

Living rooms can be painted in white, yellow, light pink, light blue or green. Grey, red and black are to be avoided.

Always keep the centre of the room, building and plot, free from any loads, weights, pillars, columns, beams, water bodies, etc.

Toilets should be located in the Northwest corner of the building or in the Northwest corner of the rooms. Where Northwest toilets are not possible, Southeast toilets are allowed. Toilets should be avoided in the Northeast, North and East.

Mirrors in the toilet and dressing room should be on the North or East walls.

A bathroom in the East sector is most preferred as the beneficial rays of the morning sun can enter and promote the health of the user.

Pictures of landscapes depicting mountains should be hung on the South and West walls only Landscapes containing water, such as pictures of lakes and rivers should be on the North and East walls. Pictures of eagles, battle scenes, and carnivorous animals should not be used for interior wall decorations.

Pictures of horses, cows and elephants can be used for decoration purposes.

No room should be built under the stairs.

There should be no water body in front of any entrance door of the house

Don't sleep with your feet facing the bedroom door.

Bed should not be put under a beam.

Aquariums are auspicious because they present a harmonious combination of wealth attracting factors, and a perfect balance of all 5 elements. The Water element (the water in the aquarium) The Wood Element (the plants in the aquarium) The Metal element (use some white and grey rocks in the fish tank, or a round aquarium) The Earth element (the rocks and gravel at the bottom of the fish tank) The Fire element (gold /yellow, orange and red colours of the fish, as well as the aquarium light) The best area to place your Feng Shui aquarium is in the Southeast (The Wealth and Abundance area) followed by North (Career)or East (Health and Family.) Don't place an aquarium in the bedroom or the kitchen. These are the two places where a fish tank can stimulate the Chi (energy) too much, making you eat in excess and sleep restlessly. In order to get a good flow of Chi, your tank has to be clean and well taken care off, with happy and healthy fish/es. A dirty tank and sick fish/es can emit bad chi and it will do more harm than good. You can use real plants with almost all kinds of fish; just keep them healthy and beautiful. I do not recommend them with Goldfish because they eat them, so you can use plastic plants. It's the appearance that counts. They have to be clean and pretty.

(Do Note:- I am not a Vaastu Expert (I have just given the basics of Vaastu) and please don't email me asking me for advise on Vaastu etc because you need to consult with a Vaastu or Feng Shui expert in your area. And NO I don't know any Vaastu or Feng Shui experts)

**DISCLAIMER:-** Do note that Dipika is not affiliated to any Hindu group or organization. We at Dipika choose to remain an independent repository of spiritual advice. We appreciate that there are variances between organisations and humbly request that if our views differ from yours that you respect our decision not to conform to the prescripts of your particular organisation. We remain committed to spiritual advice which is based on scripture.

Thank you so much for taking the time to read this article. We pray that this article will assist you in some way and we also pray that it helps you to appreciate the beauty and remarkable foresight of our ancient Hindu culture. We wish to educate all readers and demystify the path of Hinduism (Sanatan Dharma). Please feel free to share these articles with friends and family who do not have direct access to our website or articles. If you use the articles in any form including blogs and/or as part of other articles kindly credit our website as a source. We hope that the articles serve as a reference to you and your family when you need clarification of certain topics. Jai Hind. Jai Shree Radha Krsna.

# Please do visit our Website to receive more free information about our beautiful culture www.dipika.org.za

Compiled for the upliftment of Sanathan Dharma Narottam das & Arjun Nandlal <u>Email info@dipika.org.za</u>