

Purnima Monday - 21st January 2019



On 21st January 2019 is Purnima (Full Moon) Monday.

Prem Namaste, Vanakkum, Jai Mata Di, Jai Shree Krsna, Jai Shree Raam

All glories to our eternal Parents Shree Shree Radha Krsna

All glories to the wonderful servants of the Supreme Lord.

Lord Krsna said to Shree Arjuna in the Bhavishya Uttara Purana: - “One who performs charity on a Monday when the moon is full, one obtains a hundred thousand times the results of ordinary charity.”

(What the above means is that if you donate one loaf of bread you will receive the benefit of donating 100,000 loaves of bread. Amazing isn't it), So what to do? Well on this day it is recommended by Lord Krsna to Shree Arjuna: - “O son of Kunti, all the ancestors and devas in heaven become very satisfied when one donates food grains in charity.”

So you can donate for example Rice or any grains to your local temple, your family guru, priest or to a poor person. This may not be very kosher with many but I would highly recommend this little concoction of Dipika's. Purchase 1 loaf of bread, one can baked beans; one tomato and one onion... Place in a bag like a hamper and donate to a poor person. This is a ready-made meal where the person can cut up the tomato and onion and mix with the baked beans and this can feed 4 or more people in a family. It's a ready-made 2019 version of charity is meant to make it easy for a poor person because remember that many don't have a stove to cook the rice, so we got to make it easy for them... BUT ultimately you must decide what to donate according to your means. I have only suggested the above. Please refrain from donating any meat items.

*** The humbly suggested times to donate these items on the 21st January is between 05h19 to 07h01 or 08h43 to 10h25 or 13h49 to 15h31 or 17h13 to 18h55.

Of course you can donate the food items at any time on the 21st but the provided times above yields the highest benefits accrued for the charity on this day.

A **Question** was asked recently why should we perform all these acts of charity:

Answer: - In the Garuda Purana Lord Vishnu states to Shree Garuda-ji. Garuda Purana Preta Khanda 13.19

“Whatever gifts are made by one during one’s life time, becomes beneficial later”

Garuda Purana Preta Khanda chapter 14

4-5 “Anything given to a deserving person flourishes day by day. A gift wipes off the sin of the giver and the acceptance of the same by a person of good wisdom does not affect him.”

8 “ I affirm that just as seeds and other valuable things invested or sown in the ground offer fruitful results so also things by one’s own hands yield fruitful results.”

12 “Therefore, life being unsteady it is incumbent on everyone to do every thing beforehand. With the food for the journey in the form of gifts offered to the deserving, one is able to travel with comfort in the Great Highway in the journey after death. Otherwise, the wretch undergoes great hardships without food to subsist on, on the way.”

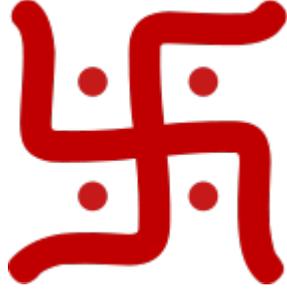
Garuda Purana Preta Khanda chapter 20

8 “Those who have offered gifts in their lifetime should not entertain any fear from Dharmaraja”

10 “Virtue can easily be procured by offering gifts. The path to Yama’s region can easily be traversed by acts of charity. This highway cannot be easily covered otherwise.”

DISCLAIMER:- Do note that Dipika is not affiliated to any Hindu group or organization. We at Dipika choose to remain an independent repository of spiritual advice. We appreciate that there are variances between organisations and humbly request that if our views differ from yours that you respect our decision not to conform to the prescripts of your particular organisation. We remain committed to spiritual advice which is based on scripture.

Thank you so much for taking the time to read this article. We pray that this article will assist you in some way and we also pray that it helps you to appreciate the beauty and remarkable foresight of our ancient Hindu culture. We wish to educate all readers and demystify the path of Hinduism (Sanatan Dharma). Please feel free to share these articles with friends and family who do not have direct access to our website or articles. If you use the articles in any form including blogs and/or as part of other articles kindly credit our website as a source. We hope that the articles serve as a reference to you and your family when you need clarification of certain topics. Jai Hind... Jai Shree Radha-Krsna.



Please do visit our Website to receive more
free information about our beautiful culture

www.dipika.org.za

Compiled for the upliftment of Sanatan Dharma
Narottam das & Arjun Nandlal
E-mail info@dipika.org.za

#Team-Dipika