

Pitr /Matru Dosha Remedies. (Ancestral curses)

Pitra Dosh is not the curse of the ancestors, but it is a debt formed as a result of bad deeds done by ones ancestors and this debt has to be paid by the present generation either by taking the punishment decided according to that debt or by doing some specific good Karmic deeds which would help paying this debt so that the degree of punishment may be decreased.

RESULTS OF THIS DOSHA (curse)

House peace is disturbed, lack of progeny,sepration between husband and wife, chronic diseases, accidents, depression, disturbed sleep, dreams, problems on a subconscious level, psychological problems, hidden enemies, sudden change in profession, heavy unwanted expenses,vigorous travelling, suicidal tendencies, many hurdles in life, difficulty in returning loans and lots of debts.

You can perform any of these remedies but the first one is something I would highly recommend.

1) When there is a new moon Monday (Somvar Amavasya) { Contact Dipika for more details on Somvar Amavasya dates for this year}, go to a Peepal tree (this you will find in any temple yard), below is what the leaf looks like just to give you an idea.



Peepal leaf

Pray to the Peepal tree and Lord Vishnu that whatever your ancestors from the male and female lineage did sinful to plz forgive them and release that burden on yourself and your family.. Offer one jeneo (Brahmin thread) to the Peepal tree and one to Lord Vishnu (this you do in your mind or you can take a small picture of Lord Vishnu to the temple). Then do 108 Parikrama's (circumambulation) of the Peepal tree, with each Parikrama offer a sweet to Peepal tree. While performing Parikrama continuously chant the mantra "**OM NAMO BHAGAWATE VAASUDEWAAYA**". After doing Parikrama again pray to Peepal tree and Lord Vishnu and seek forgiveness. Somwati Amavasya pooja gives very quick results.

1) Feed crows and fishes with cooked rice mixed with ghee and made into balls on Saturdays. The more Saturdays you do this the better the results.

2) Worshipping Lord Vishnu, especially the form of Shree Raam daily.

3) Perform Rudrabhishek (Rudra Abhishek) in the name of your ancestors. This is something that you can do yourself. In this puja Lord Shiva is worshipped in the form of Lingam and abhishek is performed with different articles like flowers, milk, coconut water, honey, curd sugarcane juice etc. but I would suggest you just use firstly milk and then water. You can if you like offer incense, lamp and flower thereafter. Keep it simple. You can perform this on Mondays or Saturdays.

4) Those who are suffering from Pitr Dosh perform remedial pujas for Lord Shani like fasting saltless on Saturday , chant Hanumanji's Chalisa, or chanting Shanidev's mantra "Om sham shanaish- charaaya namah"

Sarpa dosha (the curse of a snake)

From time immemorial, people and serpents were living in close proximity and had a love and hate relationship. It is believed that hurt serpents are vengeful and curse the persons who have hurt them. The serpentine curse has devastating effect, and it is so intense that it continues to haunt even after death (in future births also) till it gets absolved. The adverse effects of Sarpa dosha appear at very important phases of human life, that is, marriage and progeny. The impact of Sarpa dosha is so severe that it may create early curtailment of wedlock, by death of spouse or divorce, delay in progeny or no progeny and unexpected accidents. Miscarriages, still births or defective children may also result.

You may perform any of the following remedies:-

Worship Lord Subramanya (Muruga/Kartikeya) who is widely worshipped as the serpent deity and as forgiver of all doshas connected with serpents. Lord Subramanya is called Sarpa Dosha Nivaraka (remedier). Pray to Lord Muruga daily and ask him to remove this snake curse that you have. It is necessary to propitiate serpents by visiting serpent shrines/Pithu and performing appropriate worship like offering milk and unsalted popcorn. Some offer eggs (This is optional). You can if you like offer incense, lamp and flower thereafter. Keep it simple.

Those who are suffering Sarpa Dosh (Naga Dosh) perform remedial pujas for Lord Shani like fasting saltless on Saturday, chant Hanumanji's Chalisa, or chanting Shanidev's mantra "Om sham shanaish-charaaya namah"

The Sarpa Dosha Nivarana Mantra below can be recited 3 or 9 or 11 or 21 or best 108 times daily to be relieved of the Sarpa Dosha.

'Anantho Vasukee Seshaha / Padmanaa-bhascha Kamba-laha
Sankha-paalo Dhaatha-raas-traha / Taksha-ka Kaaliyas-thatha
Ethaani Nava-naa-maani / Nagaa-naam cha Mahaathma-naam
Saayam-kaale pateth / nityam praatha-kaale'

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