

Different types of Remedial Measures

There are many, many remedial measures prescribed in our Shastras, so besides observing a salt-less fast for the appropriate planet, or chanting the specific mantra for the appropriate planet, Gemstones are used to appease the appropriate planet (see below), the consumption of particular types of food as per the planet one is fasting for, worship of the fire, and also hearing the Nrsimhadeva Kavacham on the day of the appropriate malefic planet's ruling day. In the Narasimha-kavacha as it is described by Prahlada Maharaja in the Brahmanda Purana.

Verse 23. "He becomes victorious who desires victory, and indeed becomes a conqueror. He wards off the influence of all the planets, earthly, heavenly, and everything in between."

Verse 29. "Having marked one's body with tilaka, taking achamana with water, and reciting this mantra three times, one will find that the fear of all inauspicious planets is removed.

Below is the Video of the Nrsimhadeva Kavacham..."

<http://www.youtube.com/watch?v=aAWqvo-4j0>

In the Shree Durga Saptashati (The 700 verses glorifying Devi Durga) from the Markandeya Purana chapter 12, Mother Durga states that if a person is malefically affected by malevolent planets then one should hear Her Saptashati verses.

Durga Paath Chapter 12, Mother Durga said: 'and whoever with a concentrated mind shall pray to me constantly with these hymns, I shall without doubt put down every trouble of his, to them nothing wrong shall happen, nor calamities that arise from wrong doings nor poverty and never separation from beloved ones. May this poem of my glories quell all epidemics, for those who listen to this glorification of mine at a propitiatory ceremony, born in a bad time, on seeing a bad dream, and **when there is the great evil influence of planets**. By that it is meant that evil portents subside, as also **the unfavourable influence of planets**, and the bad dreams seen by men turns into a good dream.

So you can hear the below video of the first chapter of the Durga Paath on the day of the appropriate malefic planet's ruling day.

<http://www.youtube.com/watch?v=vxDrNeIhpMY>

GEMSTONES IN VEDIC ASTROLOGY:-

According to the Brihat-Paraashara-Horaa-Shastra, the great Maha Muni Parashara has NOT advocated the use of gemstones for remedial measures instead the great Muni himself associates each planet with an incarnation of the Supreme Lord.

So the question begs and naturally arises - "why aren't gems recommended for the Grahas (planets) in this most used and most respected of Astrological Shastra?". Well this is because colours are the property of the Rashi's (signs) and NOT the planets (Grahas). BUT this is NOT to say that the Grahas (planets) are not influenced by Gems, but they are influenced in accordance with the colour of the Gem in respect to which Rashi rules that colour. A Graha is most notably influenced by the colour gem represented by its Rashi, Exaltation Rashi and Moolatrikona Rashi. The Moon, for example, is significantly influenced by white and pink Gems, white being the colour of the Rashi (sign) Taurus, which is the Moon's Exaltation and Moolatrikona Rashi, and pink being the colour of Cancer, the Moon's own Rashi. Each Graha is thus influenced by 2 or 3 different coloured Gems – one the colour of its own Rashi, one the colour of its Exaltation Rashi and one the colour of its Moolatrikona Rashi. While any white Gem will influence the Moon, each type of white gem will influence the Moon differently in accordance with its crystal structure, and

so it's not a simple matter to just recommend which gem to use. The exact use and influence of gems to benefit the Grahas is a vast and complex science that requires a totally different text to explore, henceforth we shall stop here.

So lets view this from another angle:-

There are two theories on the use of gemstones for astrological purposes. The first is based on the principle of enhancing a particular ray or colour effect in which the gemstone acts like an amplifier. This has the sanction of the Rig-Veda where we are advised to use the seven gems to catch the (visible spectrum) rays of the Sun. This is the foundation of colour therapy. The second theory which has become popular, but is of an obscure source, is that the gemstone acts like a cosmic filter preventing the ray or particular vibration from affecting the user. Diseases are caused in the body due to deficiencies and the use of certain gemstones to "enhance" or supplement the treatment of the deficiency in the improvement of one's health, mood and life-force.

Astrological books like the Brihat Samhita, Graha-Gocara Jyautisha, Garuda Purana, and the Agni Purana are some of the shastras that deal with the practice of gems extensively. So for those that are interested in Gems the following verses are given...

"Inward lustre, transparency, illumination with rays, sparkle, free from impurities and good formation of the shape are the characteristics of good gems" (Agni Purana, 246.13-14).

"Gems are not good if they are sandy, cracked within, scratched, stained, if they are lustreless, rough, dull or mixed with mineral substances even though they may have all the characteristic features of their family" (Garuda Purana, 70.18).

"Since a jewel (gem) endowed with good characteristics ensure good luck, prosperity and success to kings, and one with bad ones, disaster and misfortune, connoisseurs ought to examine their fortune depending on jewels (gems)" (Brihat Samhita, 80.1-3).

"If anyone wears a gem of many flaws out of ignorance, then grief, anxiety, sickness, death, loss of wealth and other evils will torment him" (Garuda Purana, 70.19).

"Experts in gems are inclined to say that the following types of emeralds are of good potency: Emerald that has dark green colour or the colour of a spring meadow, a soft glow, that is not highly complicated (referring to inclusions), hewn in different ways and appear to be stuffed with gold dust (still referring to very small inclusions); emerald that is endowed with qualities of shape, even shade all over, sufficient heaviness and shoots diffusion of light when sun's rays fall on it" (Garuda Purana, 71.12-15)

To summarize, a planetary Jyotish gem should possess an eye flawless clarity, appealing colour, good cutting, and a sweet feeling or "life" that will undoubtedly be felt by the person choosing that particular gem. As a general rule, it is advisable that the gem be of the finest quality affordable, and the larger the better.

The use of alternative gemstones is practiced as well, especially for those gems which can be expensive - over two carats in size, such as diamonds and rubies. It is found, however that the alternative gem has a milder effect than the correspondent main gem. See in the table below the alternative gems, metals, and fingers used to wear rings related to the main gem and the correspondent planet.

Planet:- SUN

Preferred Metal:- Gold

Finger in which to be worn:- Ring

Main Gem:- Ruby (picture next page)

Alternative Gems:- Red Garnet, Star Ruby, Red Tourmaline

Nature of Gem:- Hot

Day to start wearing the Gem:- Sunday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 3 or 5 ***Ratti's

(Do Note... ***Ratti:- is a traditional Vedic unit of mass measurement, 1 Ratti = 0.12125 gram)



Planet:- MOON

Preferred Metal:- Silver

Finger in which to be worn:- Ring or Little Finger

Main Gem:- White Pearl (picture below)

Alternative Gems:- Moonstone

Nature of Gem:- Cold

Day to start wearing the Gem:- Monday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 2 or 4 or 6r or 9 Ratti's (BUT not 7 or 8 Ratti's)



Planet:- MARS

Preferred Metal:- Silver or copper

Finger in which to be worn:- Middle or Ring

Main Gem:- Red Coral (picture below)

Alternative Gems:- Red Garnet

Nature of Gem:- Hot

Day to start wearing the Gem:- Tuesday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 7 or 9 or 11 Ratti's



Planet:- MERCURY

Preferred Metal:- Gold

Finger in which to be worn:- Middle or Little Finger.

Main Gem:- Green Emerald (picture next page)

Alternative Gems:- Onyx

Nature of Gem:- Cold

Day to start wearing the Gem:- Wednesday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 3 or 5 or 7 or 10 Ratti's



Planet:- JUPITER

Preferred Metal:- Gold

Finger in which to be worn:- Ring

Main Gem:- Yellow Sapphire (picture below)

Alternative Gems:- Golden Topaz

Nature of Gem:- Cold

Day to start wearing the Gem:- Thursday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 7 or 13 Ratti's (BUT not 6 or 11 or 15 Ratti's)



Planet:- VENUS

Preferred Metal:- Gold

Finger in which to be worn:- Ring

Main Gem:- Diamond (picture below)

Alternative Gems:- White Zircon, White Coral

Nature of Gem:- Hot

Day to start wearing the Gem:- Friday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 1/4 or 1/2 Ratti (Min)



Planet:- SATURN

Preferred Metal:- Gold

Finger in which to be worn:- Middle or Little finger

Main Gem:- Blue Sapphire (picture below)

Alternative Gems:- Amethyst, or Lapis Lazuli

Nature of Gem:- Very Cold

Day to start wearing the Gem:- Saturday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 5 or 7 Ratti's



Planet:- RAHU

Preferred Metal:- Silver

Finger in which to be worn:- Middle or Little finger

Main Gem:- Gomedha (picture below)

Alternative Gems:- Agate, Brown Tourmaline.

Nature of Gem:- Cold

Day to start wearing the Gem:- Saturday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 6 or 11 or 13 Ratti's (BUT not 7 or 10 or 16 Ratti's)



Planet:- KETU

Preferred Metal:- Gold

Finger in which to be worn:- Middle or Ring

Main Gem:- Cat's Eye (picture next page)

Alternative Gems:- Agate, or Lapis Lazuli

Nature of Gem:- Very Hot

Day to start wearing the Gem:- Saturday morning in the Waxing Phase of the Moon.

Weight of the Gem:- 3 or 5 or 7 Ratti's



*** **MY TAKE:-** well I also do not advocate the use of gemstones as they are very expensive. I prefer simple, cost effective remedies (given above) and not quick fixes. Most Astrologers use Gemstones to make a fortune for themselves. I find this rather sad as people who are seeking help are in dire need of help and an astrologer shouldn't use that as a means to financially exploit the seeker. Do remember purchasing a 4 carat Ruby should set you back a few thousand rands/rupees/dollars, and then you have to fit that 4 carat ruby in a gold ring. Then finding a jeweller who will do this for you. Hmmm at the end of the day it's an extremely expensive way to remedial a malevolent planet.

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