

**Ekadashi dates in 2019**  
**(Durban, Jhb, and Cape Town)**



**DO NOTE:-** All times indicated below, associated with the start or end of a particular Ekadashi day are in 24-hour format.

Many have requested Cape Town Ekadashi dates for 2019 so this is provided below. Do note that Cape Town dates due to its locality is quite different from Durban and Jhb.

January 1 <sup>st</sup> (Tuesday)	Fasting for Saphala Ekadashi.
***** 2 <sup>nd</sup> (Wednesday)	Break fast @ 04:59 to 09:39 (Durban), @ 05:19 to 09:54 (Jhb) @ 05:39 to 10:26 (Cape Town)
January 17 <sup>th</sup> (Thursday)	Fasting for Putrada Ekadashi.
***** 18 <sup>th</sup> (Friday)	Break fast @ 05:12 to 09:48 (Durban), @ 05:31 to 10:02 (Jhb) @ 05:53 to 10:35 (Cape Town)
January 31 <sup>st</sup> (Thursday)	Fasting for Sat tila Ekadashi
***** February 1 <sup>st</sup> (Friday)	Break fast @ 05:24 to 09:54 (Durban), @ 05:42 to 10:08 (Jhb) @ 06:07 to 10:42 (Cape Town)
February 16 <sup>th</sup> (Saturday)	Fasting for Bhaimi Ekadashi.
***** 17 <sup>th</sup> (Sunday)	Break fast @ 05:37 to 09:59 (Durban), @ 05:53 to 10:12 (Jhb) @ 06:23 to 10:47 (Cape Town)

March 2 <sup>nd</sup> (Saturday)	Fasting for Vijaya Ekadashi.
***** 3 <sup>rd</sup> (Sunday)	Break fast @ 05:47 to 10:01 (Durban), @ 06:02 to 10:13 (Jhb) @ 06:35 to 10:14 (Cape Town)
March 17 <sup>th</sup> (Sunday)	Fasting for Amalaki Ekadashi.
***** 18 <sup>th</sup> (Monday)	Break fast @ 05:57 to 10:01 (Durban), @ 06:10 to 10:13 (Jhb) @ 06:47 to 10:51 (Cape Town)
March 31 <sup>st</sup> (Sunday)	Fasting for Papamocani Ekadashi.
***** April 1 <sup>st</sup> (Monday)	Break fast @ 09:12 to 10:01 (Durban), @ 09:12 to 10:13 (Jhb) @ 09:12 to 10:52 (Cape Town)
April 15 <sup>th</sup> (Monday)	Fasting for Kamada Ekadashi.
***** 16 <sup>th</sup> (Tuesday)	Break fast @ 06:15 to 10:02 (Durban), @ 06:23 to 10:12 (Jhb) @ 07:09 to 10:53 (Cape Town)
April 30 <sup>th</sup> (Tuesday)	Fasting for Varuthini Ekadashi.
***** May 1 <sup>st</sup> (Wednesday)	Break fast @ 06:24 to 10:03 (Durban), @ 06:31 to 10:13 (Jhb) @ 07:20 to 10:55 (Cape Town)
May 15 <sup>th</sup> (Wednesday)	Fasting for Mohini Ekadashi.
***** 16 <sup>th</sup> (Thursday)	Break fast @ 06:33 to 10:06 (Durban), @ 06:39 to 10:15 (Jhb) @ 07:31 to 10:59 (Cape Town)
May 30 <sup>th</sup> (Thursday)	Fasting for Aparā Ekadashi.
***** 31 <sup>st</sup> (Friday)	Break fast @ 06:42 to 10:09 (Durban), @ 06:46 to 10:19 (Jhb) @ 07:42 to 11:03 (Cape Town)
June 13 <sup>th</sup> (Thursday)	Fasting for Pandava Nirjala Ekadashi.
***** 14 <sup>th</sup> (Friday)	Break fast @ 06:48 to 10:13 (Durban), @ 06:52 to 10:22 (Jhb) @ 07:49 to 11:07 (Cape Town)
June 28 <sup>th</sup> (Friday)	Fasting for Yogini Ekadashi.
***** 29 <sup>th</sup> (Saturday)	Break fast @ 09:06 to 10:16 (Durban), @ 09:06 to 10:26 (Jhb) @ 09:06 to 11:10 (Cape Town)
July 12 <sup>th</sup> (Friday)	Fasting for Sayana Ekadashi.
***** 13 <sup>th</sup> (Saturday)	Break fast @ 06:50 to 10:18 (Durban), @ 06:55 to 10:27 (Jhb) @ 07:50 to 11:11 (Cape Town)
July 28 <sup>th</sup> (Sunday)	Fasting for Kamika Ekadashi.
***** 29 <sup>th</sup> (Monday)	Break fast @ 06:43 to 10:16 (Durban), @ 06:48 to 10:25 (Jhb) @ 07:41 to 11:09 (Cape Town)

August 11 <sup>th</sup> (Sunday)	Fasting for Pavitropana Ekadashi.
***** 12 <sup>th</sup> (Monday)	Break fast @ 06:32 to 08:36 (Durban), @ 06:39 to 08:36 (Jhb) @ 07:28 to 08:36 (Cape Town)
August 26 <sup>th</sup> (Monday)	Fasting for Annada Ekadashi.
***** 27 <sup>th</sup> (Tuesday)	Break fast @ 07:01 to 10:04 (Durban), @ 07:01 to 10:15 (Jhb) @ 07:11 to 10:55 (Cape Town)
September 9 <sup>th</sup> (Monday)	Fasting for Parsva Ekadashi. (Cape Town)
***** 10 <sup>th</sup> (Tuesday)	Break fast @ 06:53 to 10:46 (Cape Town)
September 10 <sup>th</sup> (Tuesday)	Fasting for Parsva Ekadashi.
***** 11 <sup>th</sup> (Wednesday)	Break fast @ 05:59 to 09:55 (Durban), @ 06:10 to 10:06 (Jhb)
September 25 <sup>th</sup> (Wednesday)	Fasting for Indira Ekadashi.
***** 26 <sup>th</sup> (Thursday)	Break fast @ 05:41 to 07:32 (Durban), @ 05:53 to 07:32 (Jhb) @ 06:30 to 07:32 (Cape Town)
October 9 <sup>th</sup> (Wednesday)	Fasting for Pasankusa Ekadashi.
***** 10 <sup>th</sup> (Thursday)	Break fast @ 05:24 to 09:36 (Durban), @ 05:38 to 09:49 (Jhb) @ 06:11 to 10:26 (Cape Town)
October 24 <sup>th</sup> (Thursday)	Fasting for Rama Ekadashi.
***** 25 <sup>th</sup> (Friday)	Break fast @ 05:08 to 09:29 (Durban), @ 05:24 to 09:42 (Jhb) @ 05:53 to 10:18 (Cape Town)
November 8 <sup>th</sup> (Friday)	Fasting for Utthana Ekadashi.
***** 9 <sup>th</sup> (Saturday)	Break fast @ 04:55 to 09:25 (Durban), @ 05:13 to 09:39 (Jhb) @ 05:39 to 10:13 (Cape Town)
November 23 <sup>rd</sup> (Saturday)	Fasting for Utpanna Ekadashi.
***** 24 <sup>th</sup> (Sunday)	Break fast @ 04:48 to 09:24 (Durban), @ 05:07 to 09:39 (Jhb) @ 05:30 to 10:12 (Cape Town)
December 8 <sup>th</sup> (Sunday)	Fasting for Moksada Ekadashi.
***** 9 <sup>th</sup> (Monday)	Break fast @ 04:47 to 06:23 (Durban), @ 05:08 to 06:23 (Jhb) @ 05:28 to 06:23 (Cape Town)
December 22 <sup>nd</sup> (Sunday)	Fasting for Saphala Ekadashi.
***** 23 <sup>rd</sup> (Monday)	Break fast @ 04:52 to 09:34 (Durban), @ 05:13 to 09:48 (Jhb) @ 05:32 to 10:11 (Cape Town)



\*\*\* Shuddha means pure and Ashuddha means impure. One should not observe a fast on an Ekadashi that's not pure (Ashuddha) as quoted from the sastric verses below. Therefore at times one has to fast on Dvadashi (the next day – the 12<sup>th</sup> day) if that Ekadashi is not pure. How does an Ekadashi become impure? This happens when the 10<sup>th</sup> and 11<sup>th</sup> Vedic days overlaps. Then this Ekadashi is regarded as impure and thus should not be observed.

### **Quotes from scriptures**

Ekadashi (the 11 day) and Dvadashi (the 12<sup>th</sup> day) are both qualified for fasting. Furthermore, one should fast when Ekadashi is combined with Dvadashi, but one should never fast when Ekadashi is combined with Dashami (the 10<sup>th</sup> day) (HARI BHAKTI VILASA 12/202 from SAURA DHARMOTTARA).

Any devotee of the Lord who knowingly or unknowingly observes Ekadashi overlapped with Dashami should certainly understand that Lord Shree Vishnu would not be happy with him. (HARI BHAKTI VILASA 12/246 from SKANDA PURANA)

For Ekadashi dates in your area please follow this link...

<http://www.vaisnavacalendar.info/calendar-file-downloads/text-file-calendars>

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